



The Gryphon's Roar



May, 2008

St. Mark's Episcopal Church
3100 Murfreesboro Pike
Antioch, Tennessee 37013
P.O. Box 741
Antioch, Tennessee 37011-0741
615-361-4100

**"We at St. Mark's are on a journey seeking God in you,
ourselves, and all creation"**

Weekly Schedule

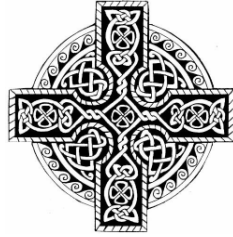
Sundays	8:00 AM	Holy Eucharist
	9:15 AM	Sunday school
	10:30 AM	Holy Eucharist
2 nd Sunday	9:00 AM	Breakfast – Sept. - May
Wednesdays	7:00 PM	Choir
Fridays	8:00 PM	AA Meeting
Saturdays	8:00 AM	Centering Prayer

The Rt. Rev. John Bauerschmidt	Bishop of Tennessee
The Reverend Battle Beasley	Rector
Frank Brannon, M. Div.	Pastoral Care Coordinator
George Kurz	Senior Warden
George Noren	Junior Warden
Charles Cross & Les Worsley	Treasurers
Carey Hardison	Clerk of the Vestry

Next month deadline for submissions is Sunday, May 18, 2008
Gryphon submissions to: submitgryphon@aol.com

St. Mark's Vestry:

Jim Hall, Suzanne Lindsey, Judy Robnett	(2010)
Suzie Abrahamson, Jim Johnson, George Kurz	(2009)
Mary Ann Campbell, George Noren, Cheryl Walker	(2008)



Dear People of God,

As we prepare to enter the day and season of Pentecost, I am reminded that the Church calls this season "Ordinary Time". The astounding gift of the Spirit is just ordinary time! You would think it might be called awesome time or action time or life giving time, but no, it's ordinary time. And in fact while not implying that we take the spirit for granted it is indeed a birthright gift from God. As Christians, it behooves us to pay attention to the leadings or urgings of the Spirit in our lives and in the life of our community. It is the Spirit after all that is given to us to guide us, direct us, "comfort" and by comfort I mean to urge us forward. So then the question becomes how do we recognize the spirit, how do we pay attention to the Spirit? One Answer is to notice when the community is following and acting on common themes or actions. One of the Desert Mothers said, "It's mostly a matter of ignoring the mosquitoes". That is not being distracted from the love of God by the rush of our daily lives. That is to take time each day to ask God what God desires from us; to set God's presence in our awareness more and more throughout the day. May your ordinary time be more and more filled with God's desires for you, and may we help one another in noticing the Spirit moving amongst us.

God's peace,
Battle+



Contact us:

St. Mark's Website – <http://www.stmarksantioch.org>
The Reverend Battle Beasley via email:
stmarksrector@bellsouth.net or
pathwayspartners@yahoo.com

THE GRYPHON

The Gryphon is the newsletter of St. Mark's Episcopal Church and as such welcomes articles and suggestions from ALL parishioners. This is your venue for expressing thoughts you would like to share, important events in your families' lives, suggestions you might have to make our parish life better. Please do not hesitate to use it.
Lorna

Prevention of Sexual Misconduct Classes

Below, you will find the dates and locations for upcoming prevention of sexual misconduct classes. These classes are open to all, but there are some people who are required to attend. All adults who are teaching a children's Sunday school class or are working in the nursery are required to attend one of these classes. Also, all members of the Vestry are also required to attend.

You can call the diocesan office (251-3322) to sign up.

June 21, 2008, 9 am – 3 pm Holy Trinity

EVANGELISM – Episcopal Style

A conference, sponsored by our Diocese, was held on April 19th on the topic of ‘Evangelism – Episcopal Style’ and three of us from St. Mark’s attended, Jim Johnson, your vestry representative for evangelism, Ginger Maxwell and me. We had a very good day, learned a lot about the E – word and had an opportunity to meet and share time with others in the Diocese.

The speaker, The Very Reverend Kevin E. Martin, (he prefers Fr. Kevin, not Dean Martin), was a very good speaker and had that rare gift of being able to help us ‘laugh’ at ourselves, to really stop and see how we might look to visitors who don’t really know us or our way of doing things.

He had us take a look at the definition of evangelism as held by the ECUSA and to compare that with the street corner disaster that the E-word always brings to mind. And he shared a few facts. Did you know that at the 1988 meeting of the National Church, it was decided that the 1990’s was to be the Decade of Evangelism for the Episcopal Church? And, did you know that through those efforts, between the years of 1995 – 2000, the Episcopal Church was the only mainline church with a positive numerical growth?

He helped us to look at our own communities from the perspective of others and to think about the who and why we really mean when the subject of inviting others in comes up. And he spoke of the richness and grace that is offered through the ritual and liturgy carried forward through the ages by the Episcopal Church that is unique to our way of doing things. We are so blessed to be a part of this particular ‘mainline denomination’ (more on this later...).

The day flew by, we learned a lot and are hoping to begin incorporating a few of the things we learned very soon. I’ve already started – I broke the 3 Pew Rule! When we passed the Peace this past Sunday, I made it to 4! (more on this later, too).

Peace in Christ,
Donna Floyd

St Marks in conjunction with Mt Olivet funeral home will be hosting an informational meeting **June 7th** from **4 to 5 pm.** on preplanning your funeral. They will be sending out a mailing to 2,000 households in the Antioch community. Everyone is urged to come and gather important information that we all will have need of at some point.

***** Celebrate *****



May Birthdays

Cindy Page	3
Jim Hargrove	10
Ann Honig	15
Ginger Maxwell	16
Melanie Pafford-Failor	22
Jordyn Elkins	23
Stan Symons	25
Ryan Garcia	28
Kim Tantar	29
Kathy Larson	30

May Anniversaries

Karen & John Seufert	02, 1987
Arwen & William Wagers	10, 2006
Dave & Debbie Colvin	27, 1978
Herb & Shirley Stewart	27, 1955

Transferring In

We extend a warm welcome to Arwen Wagers who has transferred her membership letter from the Episcopal Church of the Annunciation, Newport, Tennessee to St. Mark's.



Marriage Announcement

Congratulations and best wishes to Lesley Anne Worsley and William Thomas Gavin Hynd who were joined in Holy Matrimony on Friday, April 18th. Lesley is the daughter of Les and Patricia Worsley, and Billy is the son of Mervyn and Eileen Hynd.



Graduations

Andie Renee Scott, Hume Fogg Academic Magnet High School - Tuesday, May 20
Reception at St. Mark's for Andie on Saturday, May 17 2:00 – 4:00 PM
Alexander Beasley, Bethesda Chevy Chase High School
Lorna Noren, Aquinas College, Saturday, May 10

Energy Conservation

How often has a family member said, “Gee, I sure am hot!” and lowered the thermostat on the AC? How often have you found the thermostat set higher in winter? How long has the HVAC run at those more expensive settings?

If you’re like most people, it happens more often than we want. Wouldn’t it be great to have a genie to handle this reset for us?

Well, such a wonderful thing is within our grasp. It is the digital setback thermostat (t-stat). Depending on the type of heating and cooling system you have, such a device can be had for around \$100, plus installation. The best place to find these is in the electrical aisle at Lowe’s or Home Depot.

Operating on the concept that there is no need to heat or cool our houses to the same degree while we are away at work or sleeping. These digital devices allow you to schedule at least two temperature set backs daily. If someone changes the settings these t-stats will either lock out the change or will automatically revert to your pre-set schedule within a couple of hours.

Due to their set back ability, these units easily save 10% to 20% on electric bills monthly, depending on how much set back you select. The best ones track energy usage over time, remind you to change the filter, automatically shift from heating to cooling with the season and remind you to change batteries as needed. Internal batteries allow the electronic memory to retain your settings during power outages.

Caveat Emptor! Buyer Beware!! This is one device you should choose rather than allowing your favorite friendly HVAC contractor select and install. Until the aftermarket companies began to make them, set back t-stats were made only by HVAC manufacturers. Therefore, they set the prices hundreds of dollars above prices mentioned.

This is a project a dedicated DIYer can handle with surprising ease. Here’s what’s involved. The t-stat operates on 24 volts so there is virtually no shock danger. Start by turning off the system. Next remove the face plate from the old t-stat; it’s a snap-fit, so either lift up or pull outward. This will reveal a glass vial with shiny beautiful but dangerous drops of mercury – so save the old unit for the recycler. You will also see the screws which hold the unit to the wall.

Removing these will reveal the back panel where 6 to 8 multicolor coded wires connect to coded screw terminals. These will correspond to those on the new t-stat. Use masking tape tags to label each wire. Next, disconnect these wires and reconnect to the corresponding terminals on the new unit. Once all are attached, the HVAC unit should turn on and off. Fasten the new t-stat to the wall and program per instructions. If any of this makes you queasy, any HVAC company can handle the job for the price of a service call. Just tell them you need them to install your new set back t-stat.

This project is more costly than others, but if you are spending \$100 to \$150 monthly on your electric bill, this gadget will pay for itself in less than 10 months, including installation. After that, the cash savings are gravy. That’s something you and your wallet can be more comfortable with each month.



To the women of St. Mark's Episcopal Church

Dear Sisters in Christ,

The St. Mark's Chapter of the Daughters of the King invites you to come meet with us and learn about the Order to see if becoming a Daughter will be part of your spiritual journey.

We will meet for dinner in Reynolds Hall on Wednesday, June 4, at 6:30 pm. Following the meal, we will share with you what it means to be a Daughter and our own personal experiences.

If you can join us, please let us know by calling or emailing Marty O'Reilly (361- 9962 – martyoreilly@bellsouth.net)

In the meantime, if you would like to talk about the Daughters of the King with any of us, please call or email. Each and all of us will be honored to listen to your questions and share our thoughts with you.

Peace and love for His sake,
St. Mark's Daughters of the King

Donna Floyd
615-399-2211
615-594-9398 (cell)
donnafrloyd@gmail.com

Pauline Hall
615-941-1467
615-574-0116 (cell)
jimpollyhall@aol.com

Carey Hardison
615-367-4338
615- 717-5915 (cell)
careyhardison@bellsouth.net

Kathy Larson
615-904-9551
615-830-6074 (cell)
pandacomfort@hotmail.com

Betty McKee
615-331-4022

Marty O'Reilly
615-361-9962
martyoreilly@bellsouth.net

Susanne Symons
615-287-9627
symonseagles@tds.net

Cheryl Walker
615-444-7823
615-406-3032 (cell)
615-886-7848 (work)
cswmama1@aol.com

Sherry Walker
615-904-9551
615-631-1884 (cell)
931-684-0522 (work)
swalker@mtsu.edu

Marcia Williams
615-361-1945
615-668-0862 (cell)
MamBNA@comcast.net

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
May				1	2 AA Meeting 8:00 PM	3 Quiet Day
4 EASTER VII	5 Domestic Violence Intervention Group 6-8 pm Spanish Class 6:00 PM	6	7 Brain Club 11:00 – 2:00 Choir 7:00 pm	8	9 AA Meeting 8:00 PM	10 DOK Quiet Day
11 PENTECOST 2 nd Sunday	12 Domestic Violence Intervention Group 6-8 pm Spanish Class 6:00 PM	13	14	15 Vestry meeting 6:30 PM	16 AA Meeting 8:00 PM	17 Centering Prayer 8:00 AM
18 PENTECOST I TRINITY SUNDAY	19 Domestic Violence Intervention Group 6-8 pm Spanish Class 6:00 PM	20	21 Brain Club 11:00 – 2:00	22	23 AA Meeting 8:00 PM	24 Centering Prayer 8:00 AM
25 PENTECOST II	26 Domestic Violence Intervention Group 6-8 pm Spanish Class 6:00 PM	27	28	29	30 AA Meeting 8:00 PM	31 Centering Prayer 8:00 AM

2008



The Gryphon's Roar - May 2008



Saint Mark's Episcopal Church
3100 Murfreesboro Pike
Antioch, TN 37013
P.O. Box 741
Antioch, TN 37011-0741